D 114579	(Pages : 2)	Name
		Reg. No

FIRST SEMESTER M.Sc. DEGREE (REGULAR/SUPPLEMENTARY) EXAMINATION, NOVEMBER 2024

(CBCSS)

Home Science (Nutrition and Dietetics)

HND 1C 02—NUTRITION THROUGH LIFE CYCLE

(2019 Admission onwards)

Time: Three Hours Maximum: 30 Weightage

Part A

Answer any four questions, each in one paragraph.

Each question carries a weightage of 2.

- 1. Bulimia nervosa.
- 2. Amniocentesis.
- 3. Anaemia.
- 4. Carbohydrate loading.
- 5. Gestational diabetes.
- 6. Supplementary foods.
- 7. Under 5 MR.

 $(4 \times 2 = 8 \text{ weightage})$

Part B

Answer any four questions, each within one page.

Each question carries a weightage of 3.

- 8. Discuss on pre and post menstrual syndrome.
- 9. What are the risk factors of infertility?
- 10. What are the hormonal changes that happen during pregnancy?
- 11. Briefly discuss on sports nutrition.

Turn over

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- 12. Explain the physical changes that occur in adolescents.
- 13. Discuss on the importance of breast milk.
- 14. Write a short note on malnutrition in preschool children.

 $(4 \times 3 = 12 \text{ weightage})$

Part C

Answer any **two** questions.

Each question carries a weightage of 5.

- 15. Discuss on the immunisation schedule.
- 16. Discuss on the advantages and disadvantages of breast feeding.
- 17. What are the complications that occur during pregnancy?
- 18. Explain the physiology of lactation.

 $(2 \times 5 = 10 \text{ weightage})$